

JANUARY 2019 BREAKFAST & AM/PM SNACK MENU

HOLY FAMILY TEDDY BEAR CLUB

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	January 1	2 No Preschool Wheat Toast, Fruit, Milk ----- Apples, Ritz Crackers ----- Yogurt, Rice Krispies	3 Cereal, Fruit, Milk ----- Fish Crackers, Milk ----- Chicken Biskit Crackers, Grape Juice	4 Cereal, Fruit, Milk ----- Wheat Thins, Apple Juice ----- Carrots, Club Crackers
7 Cereal, Fruit, Milk ----- Club Crackers, Apple Juice ----- Ritz Crackers, Peanut Butter, Banana Slices	8 Wheat Toast, Fruit. Milk ----- Fish Crackers, Grape Juice ----- Cottage Cheese, Pretzel Sticks	9 Muffins, Fruit, Milk ----- Ritz cracker, Carrots ----- Cheerios, Milk	10 Cereal, Fruit, Milk ----- Apples, Animal Crackers ----- Bagels, Milk	11 Cereal, Fruit, Milk ----- Chicken Biskit Crackers, Cheese Cubes ----- Wheat Thins, Apple Juice
14 Mini Bagels, Fruit, Milk ----- Pears, Animal Crackers ----- Cheese It's, Milk	15 Cereal, Fruit, Milk ----- Carrots, Club Crackers ----- Cheese Cubes, Wheat Thins	16 Wheat Toast, Fruit, Milk ----- Pretzel Sticks, Punch Juice ----- Fish Crackers, Milk	17 Wheat Toast, Fruit, Milk ----- Yogurt, Rice Krispies ----- Soft Pretzel, Berry Juice	18 No Preschool Cereal, Fruit, Milk ----- Ritz Crackers, Grape Juice ----- Saltine Crackers, Milk
21 No Preschool Cereal, Fruit, Milk ----- Chicken Biskit Crackers, Carrots ----- Soft Pretzel, Milk	22 Muffins, Fruit, Milk ----- Saltine Crackers, Berry Juice ----- Wheat Thins, Carrots	23 Cereal, Fruit, Milk ----- Cheese It's, Apple Juice ----- String Cheese, Chicken Biskit Crackers	24 Wheat Toast , Fruit, Milk ----- Cheerios, Milk ----- Chips and Salsa	25 Cereal, Fruit, Milk ----- Pears, Animal Crackers ----- Fish Crackers, Punch Juice
28 Cereal, Fruit, Milk ----- Cheese It's, Milk ----- Cottage Cheese, Saltine Crackers	29 English Muffins, Fruit, Milk ----- String Cheese, Pretzel Sticks ----- Ritz Crackers, Peanut Butter, Bananas	30 Wheat Toast, Fruit, Milk ----- Apples, Ritz Crackers ----- Yogurt, Rice Krispies	31 Cereal, Fruit, Milk ----- Fish Crackers, Milk ----- Chicken Biskit Crackers, Grape Juice	1 February Cereal, Fruit, Milk ----- Wheat Thins, Apple Juice ----- Carrots, Club Crackers

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